



1. Create a mind map plan for this article. Include at least five points. Write an article for your school magazine in which you argue that more should be done in school to improve the fitness of pupils.
2. Set the timer for 30 minutes. Plan and write this leaflet. Make sure you have at least four sections. Create a leaflet to be given out to year 6 students before they become year 7 students, advising them on how to cope with the first few weeks at Secondary School.
3. Write the introduction and conclusion paragraphs for this speech. In your final paragraph, sum up your main points. You have been involved in a recycling and energy-saving project at school. As part of your project, you have to give a speech to teachers at the school with the title 'How to live a greener life'.
4. Find a revision partner. Set the timer for 15 minutes. Write the beginning of your letter. Swap your letters and then finish each other's letters. Your friend has just moved to a new country. Write a letter to her or him giving advice about how to cope with the change.
5. Set the timer for 30 minutes. Plan and write this report. Include at least four sections. The School Meals service is seeking advice from students about how to make their meals more attractive to their customers. Write a report that investigates the meals currently on offer and then makes recommendations to improve the canteen.
6. Create an introduction for this letter. Bullet point four main ideas that would be in each of your paragraphs. Write a letter to the editor of your local newspaper in which you persuade him or her to include more articles that on issues that matter to teenagers.