

SUBJECT: Physical Education

YEAR: 7, 8 & 9

HEAD OF DEPARTMENT: Mr A Sykes

GROUPING POLICY: Flexible setting on Practical ability

COURSE CONTENT:

What will my child learn?

We aim to introduce a broad range of physical activities building on Key Stage 2. Skills and principles of play are introduced in major games – rugby, hockey, netball, football, basketball, cricket and rounders. Body management, mobility and control are enhanced in gymnastics whilst athletics, swimming, orienteering multi-skills and dance offer individual sporting experiences.

As students progress through the key stage, we aim for them to become more expert in skills and techniques and how to apply them in different activities. They learn to take the initiative and make decisions for themselves about what to do to improve performance.

What will homework look like?

N/A

What enrichment opportunities are available?

- Extra-Curricular clubs and practices;
- Fixtures against other schools at both local and National levels;
- Inter Community activities;
- Elite squads and performance opportunities.

ASSESSMENT

How will my child's work be assessed?

- Ongoing assessment in line with school policy – on, below or exceeding level;
- Attitude to learning;
- Behaviour.

ADDITIONAL INFORMATION

How can I support my child in this subject?

Ensure students bring the correct kit and equipment to each lesson to enable them to take part fully in each lesson.