

Primary & Special Schools' Menu September 2017 – July 2018

WEEK 1					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSES	Spaghetti bolognaise with garlic slice	Turkey burger in a bun with salad garnish	Minced beef with glazed dumpling and mash	Chicken fillet with stuffing and rich gravy with golden oven roasties	Crunchy cod bites with tomato sauce and chips
	Omelette with crusty bread and fresh salads (V) Free range egg	Fish	Chunky Quorn curry with sunshine rice	Top crust steak pie with gravy and herby mash	Chef's Special pizza with assorted fresh salads
	Breaded Quorn dippers with BBQ sauce and golden potato cubes (NEW) (V)	Ravioli	Tuna wrap	Crispy topped macaroni cheese with salad garnish (V)	Quorn wrap
Chef's Choice of Seasonal Vegetables, Salad Cart, Crispy Jacket Potatoes and Toppings, and Fresh Sandwiches/Wraps					
DESSERTS	Baked chocolate cake with custard	Apple crumble with custard	Blueberry and lemon muffin with milk drink (NEW)	Rice pudding with fruit puree	Assorted favourite tray bakes with milk drink
Fresh fruit, yoghurt and cheese and crackers	Neapolitan angel whirl	Raspberry mousse slice with fruit (New)	Strawberry sundae	Ice cream and fruit	Fruit Jelly with creamy whirl

WEEK 2					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSES	Golden baked fishcake with potato wedges	Special curry of the day with rice	Roast Beef with Yorkshire pudding and oven roasties	BBQ chicken fillet with chips(New)	Steak pie in rich gravy with herby mash
	Minced beef with herb topped muffin & parsley potatoes	Beef Lasagne with garlic bread	Lamb grill steak with gravy and mash(New)	Marguerita pizza with assorted salads(V)	Baked fish fingers with lemon mayo & oven baked wedges
	Quorn bolognaise in rich tomato sauce(V)	Fish	Macaroni Cheese	Tuna Pasta Salad	Vegetable ravioli with cheese topping and crusty bread(V)
Chef's Choice of Seasonal Vegetables, Salad Cart, Crispy Jacket Potato with Toppings and sandwiches/wraps					
DESSERTS	Chocolate Chip Cookies	Steamed syrup sponge and custard	Chocolate orange puddle cake with custard	Fruits of the forest cheesecake	American-style waffle with peaches(New)
Fresh fruit, yoghurt and cheese and crackers	Iced finger roll	Fruity delight pudding	Iced toffee yoghurt	Chocolate Crunch Brownie	Ice cream roll

WEEK 3					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSES	Hawaiian pizza with assorted salads of the day	Sausage in a bun with tomato sauce	Minced beef cobbler in rich gravy & mash	Chef's special chicken curry with sunshine rice	Mince beef pie with gravy and mash
	Chicken Kiev fillet with roasted potato cubes	Sliced cold gammon with Pease pudding and oven baked golden wedges	Chicken burrito with crispy salad	Tuna and salmon pasta salad With crusty bread	Fish fillet with chips
	Quorn meatballs in pomedora sauce & noodles (V)	Tuna wrap	Vegetable fingers with garlic mayo & wedges(V)	Turkey burger in a bun with relish	Cheese flan with crunchy salad
Chef's Choice of Seasonal Vegetables, Salad Cart, Crispy Jacket Potato with Toppings and sandwiches/wraps					
DESSERTS	Steamed damp ginger cake and custard	Chocolate mousse slice with fruit(New)	Golden cornflake cake	Pancake with assorted toppings	Iced raspberry ripple
Fresh fruit, yoghurt and cheese and crackers	Ice cream and fruit medley	Chocolate Chip Cookie	Creamy custard rice	Fruity jelly	Chocolate cake and custard