

Learning and Growing Together

Monday, 02 October 2017

Dear Parent / Carer

On **Tuesday 17th October 2017**, KiddyCook will be delivering a Full Day Workshop to children in Year 3.

What is Kiddy Cook? We offer unique cooking activity classes, getting kids cooking with “hands on” gastronomic experiments by making food educational and fun.

Topic: Healthy Smoothie & Juices linked to our topic and literacy work.

Your children will experience positive aspects of healthy living by developing knowledge and understanding on how to make different food choices when it comes to sweets and treats to reduce the amount of sugar they eat /drink during the day.

All children will prepare, make and taste the juices and smoothies made on the day!

- | | |
|--|---|
| <input type="checkbox"/> Juicy Lucy | <input type="checkbox"/> The Green Giant Meal in a glass! |
| <input type="checkbox"/> Dr Juice | <input type="checkbox"/> Blueberry Brain booster |
| <input type="checkbox"/> Ninja Power House | <input type="checkbox"/> Bonkers Banoffee Smoothie |

Each child will return home with a juice or smoothie at the end of the day and a wipe down recipe card so you'll know exactly what to do when making again.

Please could we ask parents/carers to disclose any food allergies and non-related food allergies (i.e.. latex gloves) children may have to your teachers by using the attached consent & disclaimer form. Please return the form to your child's class teacher by **Friday 13th October**.

The cost of the workshop will be **£6.50** to be paid via Parent Pay by **Friday 13th October**. If you need to pay at a PayPoint, please ensure you collect a barcode from the office in advance, to enable you to make the payment by the deadline

Thank you.

Emma Lawn
(KiddyCook)

Mrs Burton

Mr Bond

Mrs Bibby

Safeguarding children is everyone's responsibility. If you have any concerns about a child, please telephone 01302 737777





Childs Name:

Parents Email:

PARENT CONSENT FORM & DISCLAIMER

I give consent for my child's photograph to be published in magazines, newspaper articles and/or Kiddy Cook literature.

I give consent for my child's photograph to be published on the Kiddy Cook website at www.kiddycook.co.uk

I give consent for basic First Aid to be carried out if necessary and for my child being transported to hospital in an emergency. It is Kiddy Cook's policy to always try to contact the child's parent / carer first.

Does your child have any allergies? If yes, please list below.

Disclaimer

I confirm that my son/daughter is not allergic to any foods or ingredients other than those I have listed. Kiddy Cook will do their best to identify foods or ingredients which may cause an allergy to your son/daughter and to prevent them from coming into contact with those foods or ingredients. However, it is possible that manufactures of the foods and ingredients we use could change the formulation at any time, without notice, and food preparation by its very nature may involve cross contamination or inadvertent contact with particular foods and ingredients. Parents/Guardians of children with allergies must be aware of this risk and that Kiddy Cook cannot guarantee that in the event he/she has an allergic reaction to any of the ingredients used Kiddy Cook cannot be held responsible.

Please tick the box to indicate that you have read the above.

Signed (parent/carer)

Date