

# Self-Harm, Suicide, Risk-Taking Behaviours & Self-Medicating



**Tuesday 25th June 2019**

**This is the fourth session of the Child & Adolescent Emotional Wellbeing Programme which is being run by Bedfordshire CAMHS**

**Please note that these sessions are for parents & carers only**

**When:** Tuesday 25th June 2019

**Time:** 6—8pm (arrival from 5.45pm)

**Where:** King's House, Bedford, 245 Amphill Road, Bedford, England, MK42 9AZ

**In this session we will look at self-harm, suicidal ideation, risk-taking behaviours and self-medicating which are behaviours and struggles we see in many children and young people.**

**We will look at signs to look out for, causes and also strategies in how to manage these elements**

## How can I book tickets?

Tickets are free and are available online from [www.eventbrite.co.uk](http://www.eventbrite.co.uk) by searching for 'child and adolescent wellbeing'

You can also scan the QR code on your smartphone for access to the website



## Information for Professionals

We have availability for a limited number of professionals to attend this session, if you are interested then please contact the office on 01234 310800/01234 893301 and ask for Kirsty Sharp or Sue Hollingsworth to book with them directly

Please let the receptionist know that you are calling regarding tickets for the event, this is to ensure you are passed to the right person!