



Friday 22nd January 2016

Following on from the overwhelming supportive response from parents to ban sweets, cakes and biscuits from school snack time, the children met in their family groups.

All of the family groups agreed to support the initiative and not bring foods high in sugar content into school. The children, as part of a launch in school, produced work to feature in school displays.

They received a booklet from 'Change 4 Life' helping to identify changes that could be made with regards to food choices.

Everyone was also given a pack from 'Colgate' with a toothbrush, toothpaste and a brushing chart. Rewards and further prizes will be given to anyone who completes and returns their brushing chart to school.

Well done to everyone for expressing their commitment to our 'Whole School New Year's Resolution' to adopt a lower sugar lifestyle in 2016.

Mr Reader