



Kent Community Health
NHS Foundation Trust

If you are worried or concerned
about a health issue and
need advice, text the
ChatHealth service on
07520 618850.

The number is
monitored by the
School Health service
Monday to Friday,
9 to 5.

Aged 11 to 19?

ChatExams

ChatDepressed

ChatStress

ChatSex

ChatBodies

ChatHealth

It is confidential,
private and
here for you



School
Health
Service
Kent

(we care)