A roundup of some of the news, events and activities happening over the Summer holiday period for Parents & Families living in Newport

Do you sometimes think you’d like to have more of a say on what is happening in Newport?

Involve Newport is the name for a panel of Newport residents who receive regular surveys and aims to represent the views and opinions of the people within the city. It provides a platform through which residents' views on local services can be accurately gauged with the benefit of regular and easy access to a representative group of residents. It also gives Newport City Council and its partner agencies an opportunity to understand why people’s views are changing and opportunities for more focussed research about specific services.

Members are sent around 4 questionnaires each year (via an online link or through the post) during Spring (April), Summer (July), Autumn (October) & Winter (January) and are asked for their opinions and suggestions on current services affecting the city and its residents. Feedback is also provided to members twice a year giving a summary of ‘what you said’ and ‘what we did' showing how your views were used by Newport City Council to develop services. This could be about anything to do with living in Newport from roads, City Centre, leisure, libraries, transport, social services, education...the list is only as limited as there are services being offered in the City. Each questionnaire will focus on a number of specific questions.

The panel currently has gaps in its membership including children, young adults, parents, minority ethnic communities, etc. but equally anyone living in Newport is welcome to join as your views would be greatly appreciated. For more information, check out Newport City Council’s One Newport website on the address below or message the Newport Parent Network for more info. http://onenewportlsb.newport.gov.uk/oneNewport/Get-Involved/Involve-Newport

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MAGIC is a support network for parents and carers who aim to provide accessible activities for families who have a child with additional needs. Although based in Monmouthshire, MAGIC welcomes families from the Newport area to take part in their events too. Here is a timetable of their summer holiday trips. You don’t have to book but if you intend to go, let them know so that they can look out for you when you arrive. You can email them for more information at : MagicParentsandCarers@yahoo.co.uk, contact them on their Facebook page MAGIC—Parent and Carers Network or call them on the numbers below.
Growing Together is the Big Lottery-funded project for single parents aged 25 and under. It is run in partnership between Charter Housing Association and the single parent charity Gingerbread. We run FUN and FREE workshops on DIY Skills, Healthy Eating, Upcycling, Digital Safety and more. We even offer qualifications as well as FREE childcare and transport if needed.

The ‘All About You’ course runs 2 days a week over 4 weeks and gives young single parents the time to think about their future as well as gain skills and confidence and make new friends. These courses are starting again in September 2017 but spaces fill up fast so get in touch soon to guarantee your space for 4 weeks of fun.

Are you a Young Single Parent? Growing Together is the project for you. Want to know more?

Call us on 01633 678514 Email growingtogether@charterhousing.co.uk

Like our Facebook page www.facebook.com/growingtogetherwales Follow us on Twitter @WalesGT or Check out our website www.growingtogetherproject.co.uk
Newport Play Development Team

Tredegar Park
Wednesday 2nd August 2017
11am - 3pm

FREE Family Fun Day

www.playday.org.uk

Playday is the national day for play in the UK, traditionally held on the first Wednesday in August. As well as a celebration of children’s right to play, Playday is a campaign that highlights the importance of play in children’s lives.

Playday is coordinated by Play England, Play Wales, Play Scotland and PlayBoard Northern Ireland. On Playday, thousands of children and young people get out to play at hundreds of locally organised celebrations - from small-scale neighbourhood get-togethers to large-scale public events.

To find out more and to join in the fun, please visit www.playday.org.uk
Newport Parent Network, GAVO’s Volunteers Bureau and The Newport Family Information Service are teaming up with Newport Live this summer for their ‘Sport in the Park’ days in August.

Come along and join us for a picnic with loads of fun and games for you and the children to take part in and, at the same time, meet with other like-minded parents and carers.

We will have information and advice for you and will be willing to listen to your problems or concerns. On the back page of this newsletter is a list of all of the known support groups with more groups being developed right now.

Hopefully there will be something for everyone that would like more support or who can help support others. Just come along and join us. If you don’t fancy bringing a picnic, there will be food vendors at each of the locations for you to use if you wish.

Confirmed activities are:-
Rugby, Golf, Tennis, Athletics, Rounders, Football, Cycle Tots and plenty of Under 5’s activities.

Large inflatable pitches will be available to make sure that the children are safe when they try new or favourite sports with qualified coaches and Sport Development Offers in attendance.

Most activities are fully inclusive but Steve, Disability Sports Development Officer will be available for advice and information on the day!
One again, the Serennu Centre is hosting a fab Sparkle Summer of Fun. With loads of activities for you to join in with. Each week is themed, starting off with Superhero Week on the 24th July through to Sparkle Week which ends on the 26th August.

You will need to book and pay in advance. For a booking form contact Jayne Jones, Sparkle Family Liaison Officer on 01633 748013 or email her on Jayne.Jones20@Wales.nhs.uk

For up to date information throughout the summer, keep an eye on the Newport Parent Network and the Newport Family Information Service Facebook pages.
Free, accessible, quality information for parents and childcare professionals

If you live or work with children or young people from birth to age 19 and are looking for childcare, information about early years education, activities for your children or parenting support, Newport Family Information Service (FIS) is here to help.

FIS offers a ‘one stop shop’ via freephone 0800 328 84 83 with answer phone service and through the online enquiry form. Calling from a mobile? Use 01633 840669.

DRAGONS HIT REFRESH AND OUTLINE VISION

We will be called Dragons, be both sustainable and forward thinking, and become a Welsh-centric production line of talent, thriving on and off the pitch and rewarding the 73 Gwent clubs we represent.

WRU Rugby Camps - Dragons Region
For anyone interested in improving their rugby skills and having fun, look out for our rugby camps. Camps will be run throughout the summer period for girls and boys aged 8-12 years.
Dates & venues to be announced very soon go to http://www.dragonsrugby.wales or email matt.willams@dragonsrugby.wales.

For more information on the re-fresh of the Dragons brand and the vision for the coming season go to http://www.dragonsrugby.wales/News/Article/49410/dragons-hit-refresh-and-outline-vision
During the month of August, please check with the Group’s contacts for confirmation of dates.
Some groups only meet term times only. However, come along to the Sport In The Park days & meet up with the Newport Parent Network and other parents/carers.
Also, check our social media pages for up to date information:
Facebook Newport Parent Network or Twitter @ParentNetNPT

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<thead>
<tr>
<th>Name of the Group</th>
<th>Meeting times and frequency</th>
<th>Details</th>
<th>Venue/Location &amp; Contact details</th>
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| **Your Voice Parent**              |                             | Group of parents/carers of children who use the Serennu Children’s Centre to feedback or comment on any aspect of their child’s care | Serennu Children’s Centre, Cwrt Camlas, High Cross, Newport  
Jayne.jones20@wales.nhs.uk |
| Kinship Carer’s Support Group      | At Sport In The Park on August 17th and then at Newport Centre on Sept 12th 10am to 12pm | For people who are looking after a relative’s or friend’s child/ren on a full time basis because the child/ren’s parents are unable to look after them | Newport Leisure Centre Kingsway, Newport. Contact Bernadette on 01633 241578 |
| Serennu Dads                       | 2nd Saturday of each month:- 8th April , 13th May & 10th June 2017 | Group for any male carer (dads, step-dads, grandads) of a child with a disability or developmental difficulty | Serennu Children’s Centre, Cwrt Camlas, High Cross, Newport  
Jayne.jones20@wales.nhs.uk |
| Grandparents and Kinship Carers Support | 1st Friday morning in the month at Beechwood House 10.00am – 12.00pm | Support for Grandparents who provide care/ have parental responsibility for their Grandchildren | Beechwood House, Beechwood Park, Newport  
Contact Leonora on 01633 815979 or email leonora_rowles@hotmail.com |
| T:21 Dragons                      | T:21 Dragons meets the 1st Tuesday of every month 10.00am to 12.00pm | Support group for Parents/Carers of a child with Downs Syndrome | Serennu Children’s Centre Cwrt Camlas, High Cross, Newport  
Frances2708@gmail.com |
| National Autistic Society          | 1st Friday of each Month | Informal friendly support for Parent’s who have a child on the Autism Spectrum | St John’s Ambulance Building, Lyne Rd, Newport contact Ian on brightsowales@googlemail.com |
| Rainbow Newport                   | Last Tuesday of every month at 5.00pm | Rainbow Newport is a LGBT+ community group who meet in a safe and friendly environment at SEWREC | SEWREC, St David’s House, 137 Commercial St, Newport NP20 1LN  
contact Adam 07724055438 or email Rainbownewport@outlook.com |
| Newport Autism Support            | 1st Thursday of each Month | Support for Parents with a child who has Autism | Serennu Children’s Centre, Cwrt Camlas, High Cross, Newport  
Jayne.jones20@wales.nhs.uk |