

Physical Education

Exam Board

OCR

Qualification

A Level Physical Education



Entry

Requirements

Grade 6 at GCSE PE

**Content
(Outline of
Course)**

A Level

Part 1: Applied anatomy and physiology

Part 2: Exercise physiology

Part 3: Biomechanics

Part 4: Skill acquisition

Part 5: Sport psychology

Part 6: Sport and society and contemporary issues

Assessment

Students will be assessed in:

Physiological factors affecting performance

01 – 2 hour written paper, 90 marks – 30% of total A Level

02 – 1 hour written paper, 60 marks – 20% of total A Level

Socio-cultural issues in physical activity and sport

03 – 1 hour written paper, 60 marks – 20% of total A Level

Performance in physical education

04 – Non-exam assessment, 60 marks – 30% of total A Level

**Careers
Guidance**

Further careers in sport could include:

Health & Exercise: Fitness Professional, Health Promotion Officer, Gym Instructor, Nutritionist, Personal Trainer.

Management: Disability Sports Development Officer, Events Manager, Football Manager, Sports Development Manager, Talent Project Coordinator.

Media and Marketing: Broadcasting, Journalism, Marketing, Photographer.

Science: Sports Scientist, Physiotherapist, Sports Massage Therapist, Strength and Conditioning Coach.

Teaching and Coaching: PE teacher, children's sports coach, outdoor adventures leader, ski instructor, performance analyst, competition manager.