



Sex and Relationships Education Policy

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SRE policy

What is required?

1.1 All schools must have an up-to-date policy which is made available for inspection and to parents. The policy must:

- define sex and relationship education;
- describe how sex and relationship education is provided and who is responsible for providing it;
- say how sex and relationship education is monitored and evaluated;
- include information about parents' right to withdrawal; and
- be reviewed regularly.

1.2 The Department recommends that sex and relationship education is delivered through the PSHE and Citizenship framework. Schools therefore will want to have an overall policy on PSHE and Citizenship including sex and relationship education. It is also essential that governing bodies involve parents in developing and reviewing their policy. This will ensure that they reflect parents' wishes and the culture of the community the school serves. Governors and parents will need to address the issue of how those who miss lessons on sex and relationship education can catch up on another occasion.

Introduction

At Lister Community School we believe that 'effective sex and relationship education is essential if young people are to make responsible and well informed decisions about their lives' (DFEE/PSHE 2000, SRE Guidance) in order to help and support young people through their physical, emotional and moral development and to develop the skills they need to live confident, healthy and independent lives.

We are also committed to becoming a Healthy School.

We believe that:

- -Good SRE encourages students to develop as responsible and happy individuals, and to contribute to the community;
- Students should learn the value of stable relationships as key building blocks of community and society, while recognising that there are a variety of types of family structure and encouraging acceptance of different approaches;
- Students need to be given accurate information and learn to understand difference and respect themselves and others;
- Students should be encouraged to support family commitment and love, respect and affection, and develop knowledge and openness;
- Students need to understand human sexuality, learn about the benefits of delaying sexual activity, and learn where appropriate advice can be maintained on sexual health.
- SRE contributes to promoting the spiritual, moral, cultural, mental and physical development of pupils at school and of society, and enables young people to mature, build up their confidence and self-esteem;
- -SRE educates students about sex, sexuality and sexual health; it is NOT about the promotion of sexual orientation or sexual activity.
- -SRE should encourage students and teachers to share and respect each other's views, including different approaches to sexual orientation. The important values are love, respect and care for each other.

Therefore:

- We aim to generate an atmosphere where questions and discussion on sexual matters can take place without any stigma or embarrassment.

- We recognise that parents are the key people in teaching their children about sex, relationships and growing up. We aim to work in partnership with parents and students, consulting them about the content of programmes.
- We recognise that the wider community has much to offer and we aim to work in partnership with health professionals, social workers, peer educators and other mentors or advisers.
- At all times we will observe our Child Protection and Safeguarding Policies and Inclusion policies regarding the safety and wellbeing of all students, and respecting cultural difference

The Three Main Elements of SRE:

Attitudes and values	Personal and Social Skills	Knowledge and Understanding
<ul style="list-style-type: none"> - Learning the importance of values and individual conscience and moral considerations; - Learning the value of family life, marriage and stable and loving relationships for the nurture of children; - Learning the values of respect, love and care; - Exploring, considering and understanding moral dilemmas; - Developing critical thinking as part of decision-making 	<ul style="list-style-type: none"> - Learning how to manage emotions and relationships confidently and sensitively; - Developing self-respect and empathy for others; - Learning to make choices based on an understanding of difference and with an absence of prejudice; - Developing an appreciation of the consequences of choices made; - Managing conflict; - Learning how to recognise and avoid exploitation and abuse. 	<ul style="list-style-type: none"> - Learning and understanding physical development at appropriate stages; - Understanding human sexuality, reproduction, sexual health, emotions and relationships; - Learning about contraception and the range of local and national sexual health advice, contraception and support services; - Learning the reasons for delaying sexual activity, and the benefits to be gained from such delay; - The avoidance of unplanned pregnancy.

What is Sex Education?

SRE and PSHE at Lister are taught through a range of methods:

1. PSHE sessions delivered by trained staff (including, where appropriate, Inclusion staff);
2. SMSC activities delivered by Heads of House and tutors;
3. PSHE sessions delivered by external organisations.

It is assessed through the Character Award, student feedback, and feedback from supervising staff.

KEY STAGE THREE			KEY STAGE FOUR	
Year 7	Year 8	Year 9	Year 10	Year 11
Taking stock	SRE questionnaires	Taking stock	SRE questionnaire 1: what topics?	Assessing needs
Changes in puberty	Talking about sex and relationships	Recognising and managing risk	HIV transmission	Safer sex
Puberty and reproduction	Conception and pregnancy	Reasons to delay having sex	Living with HIV	Abortion – whose choice?
Managing feelings	Contraception and pregnancy	Contraceptive methods	Body image and relationships	Accessing local and national services
Getting help and support	Consequences of sexual activity	Condoms and STIs	Negotiation skills Parenting	
Friendships	Social pressures on young people	STIs	Sexual Health Services	Sexual bullying

This policy is part of the wider PSHE policy, currently to be found here:

https://docs.google.com/spreadsheets/d/1KoHF7XeDbC12_Z3pgC6pECEIHv-U0KU3Q7YL0WIQzcA/edit#gid=2047254766

Statement to parents and carers as on the website:

<https://docs.google.com/document/d/1ChPB5W20V7epmiSghBBXhHJhRXDBwGOogu6CricuPKw/edit?ts=583bf31b#heading=h.kbkb1nbqsf7>