

Book title: Encouraging Metacognition

Author: Patricia Liotta Kolenick & Sheila A. Hillwig

Publication date: 2011

The review

1. What is your overall impression of the book?

The authors have provided an overall explanation of metacognition and its place in Education. The book guides you through different strategies which can assist learning in the classroom. The book is concise and well laid out. Information is easily accessible..

2. Who do you think would benefit most from reading the book? What will they learn?

The different strategies which can be used in teaching. Provides a toolkit which can hopefully be applied to a variety of situations and learners.

3. What did you think about the quality of the writing? Please consider the tone, structure and ideas. Does it suit the audience?

The book is written for teachers in the profession who already have a solid understanding of what takes place in the classroom. It would be less suited to someone who had not yet taught.

4. Please discuss the research used to underpin the ideas. What evidence does the author use? Is it robust and up-to-date?

The research provided is good. Many of the articles and discussion points are taken from modern research which means the strategies being suggested are innovative. The book also discusses changes in education over recent years.

5. What did you learn from reading the book? What ideas/approaches/practice will you change or adopt as a result of reading this book?

The book was able to add to a growing bank of ideas I can use in the classroom. It has helped to build confidence in use of different strategies. It also underpins the importance of metacognition for the new GCSEs being taught.

6. Could you share a quote from the book that particularly resonated with you?

"Many people are unaware of their own thinking process." Some people are unaware of their own thinking processes when they are thinking! They are unable to explain how they arrived at their conclusion. This affects their answer but limits where and when they can apply their knowledge.