



18/9/17, 9/10/17, 20/11/17, 11/12/17, 22/1/18, 5/3/18

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	meat balls in gravy mashed potato seasonal vegetables	roast chicken roast potatoes seasonal vegetables	Pasta Pomodoro Garlic Bread seasonal vegetables	CARVERY Selection of roast meats mashed or roast potatoes yorkshire pudding seasonal vegetables	Battered fish fish fingers, or fishcakes chips peas or beans
	ALLERGENS: 7,14	ALLERGENS: 2	ALLERGENS: 2,4,7,14	ALLERGENS: 2,4,7	ALLERGENS: 2,5,7,9,13
OPTION 2	cheese pasta bake seasonal vegetables	Vegetable pie, Roast potatoes	cheese toastie home made coleslaw, salad or seasonal vegetables	vegetarian carvery(quorn) mashed or roast potatoes yorkshire puddings seasonal vegetables	Vegetable curry rice
	ALLERGENS: 1,2,7	ALLERGENS: 1,2,5,7	ALLERGENS: 2,4,7	ALLERGENS: 2,4,7	ALLERGENS: 7,9
DESSERT CHOICE	Rice pudding with fruit fruit pots fruit jellies	jam roly poly with custard fruit pots fruit jellies	Red Berry Chocolate cake with custard fruit pots fruit jellies	iced lemon sponge fruit pots fruit jellies	Great Friday Bake off fruit pots fruit jellies
	ALLERGENS: 7	ALLERGENS: 2,4,7	ALLERGENS 2,4,7	ALLERGENS: 2,4,7	ALLERGENS: 2,4,7
<p>We also offer filled Jacket Potatoes (4, 5, 7, 9), or Wholemeal Pasta & Sauce (2, 7) All served with unlimited Vegetables or Salad to accompany the meals</p> <p>Freshly prepared Salad bar & Bread baked daily(2,4,7)</p> <p>Fresh Water & Milk to drink</p>					

FRUIT & VEGETABLES ARE SUBJECT TO SEASONAL VARIATIONS

VEGETARIAN (V)

ALLERGENS



Celery



Crustaceans



Fish



Milk



Mustard



Peanuts



Soya



Cereals containing gluten



Eggs



Lupin



Molluscs



Nuts



Sesame seeds



Sulphur dioxide
(sometimes known
as sulphites)