

## Professional Chef Daniel Harding Visits Enfield Grammar



On Wednesday 28<sup>th</sup> November, Daniel Harding, Head Chef at the Knightsbridge Hotel, visited Enfield Grammar School's Food Department. During the visit, 10D students were able to view a cookery demonstration on how to fillet a fish - providing them with an opportunity to learn specific skills towards their Food Preparation and Nutrition GCSE.

Daniel also led a question and answer session about his career path and what the life of a chef entails. Most of the students were horrified to hear of the early morning starts and the long shifts that are involved! Although they were very impressed by the opportunities to travel and the rewards that are offered if you work hard and aim high.

In the afternoon, the boys in the 10A class were also able to view a cake -making demonstration before applying the skills that they had learnt to bake their own Mini Victoria Sponges. The boys were all very focussed and appreciative of the opportunity to learn tips and techniques from a professional chef.

We would like to thank Daniel Harding for giving up his time in order to encourage new talent and we are looking forward to welcoming him again soon.  
Mrs Broadley & Mrs Mittins.