

ENFIELD GRAMMAR SCHOOL

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An Academy Trust
(Company No. 07697044)

Headteacher: Mr C Lamb B.A. Hons

September 2018

Dear Parent/Carer

RE: YEAR 7 - COOKING AND NUTRITION

Your son will be studying 'Cooking and Nutrition' as part of his Design and Technology entitlement. 'Cooking and Nutrition' replaced 'Food Technology' and is a compulsory part of the National Curriculum.

Your son's practical lessons are timetabled for a two hour session, every two weeks for half of the school year. Your son will be given a list of ingredients needed for all of the dishes and this should be kept in a safe place at home, for your reference. There will be a copy of this in the 'Curriculum' section under Art, Design & Technology on the school website. Prior to the cooking lesson, a shopping list of ingredients for that particular dish will be given to your son and information posted on Real Smart Home Learning.

On the day of your son's practical lesson, he must bring his purchased ingredients, along with a **named container** to the Food Technology kitchen before 8.35am. If a container is not provided, your son will not be able to cook and this may result in the food being disposed of.

Please do let me know on the reply slip if providing the ingredients will be difficult for you.

The National Curriculum states:

"Instilling a love of cooking in pupils will also open a door to one of the great expressions of human creativity. Learning how to cook is a crucial life skill that enables pupils to feed themselves and others affordably and well, now and in later life."

We therefore hope that your son will enjoy his entitlement of 'Cooking and Nutrition' and will develop skills, knowledge and confidence in this area.

Please complete the reply slip below and return it to me via your son. Should you wish to contact me, either indicate on the reply slip or contact me directly.

jbroadley@enfieldgrammar.com

Yours sincerely

J Broadley

Mrs J Broadley

Teacher in Charge of Food

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YEAR 7 – COOKING AND NUTRITION

(Please tick appropriate box)

I have received the letter and understand that I will need to supply ingredients and a container for my son's practical work.

I am unable to provide the ingredients for my son and will contact you on the above email or ring the school to discuss the reason why.

My son does*/does not have any food allergies or medical conditions. *Please explain _____

Name of Student: _____

DT Group: _____

Signed: _____

Date: _____

