

Menu Week Beginning: 9th July 2018

	Monday (No Class3)	Tuesday (No Class3)	Wednesday (No Class3)	Thursday (No Year 5)	Friday
Option 1 with pudding	Beefburgers in a wholemeal roll	Beef Lasagne	Pork Sausage and Yorkshire pudding	Chicken and Pepperoni pasta bake	Sweet and Sour Chicken
Option 2 with pudding	Jacket potato and cheese	Vegetable stir fry with noodles	Tomato and Pepper pastry slice	Chilli con Carne with Rice	Salmon and broccoli pasta bake
Starchy food		Garlic Bread	Roast potatoes		Rice
Vegetables	Baked Beans Salad	Peas Sweetcorn	Carrots Peas	Salad Bar	Carrots Green Beans
Pudding Selection	Apricot flapjacks or Yoghurt or Fruit	Ice Lollies or Yoghurt or Fruit	Banana and Strawberry Custard pot or Yoghurt or Fruit	Strawberry Jelly or Yoghurt or Fruit	Chocolate cake or Yoghurt or Fruit
Fab 4 option served with cake, yoghurt and fruit.	Sausage Roll	Fish Finger Butties	Tuna and Cucumber Wholemeal roll	Cheese Wholemeal roll	Ham and cheese salad plate

Available each day for all: Water, squash, milk, chunks of wholemeal bread and salad.