

Menu Week Beginning: 2nd July 2018

	Monday (no class2)	Tuesday	Wednesday	Thursday (no class 1)	Friday
Option 1 with pudding	Pork Meatballs in tomato sauce	Shepherds Pie	Roast chicken breast with stuffing	Chicken Tikka Massala	Fish Fingers
Option 2 with pudding	Jacket Potato and Tuna	Jacket potato and cheese	Pepper and spinach Lasagne	Tuna pasta bake	Quorn Sausage
Starchy food	Pasta		Roast Potato	Rice and Naan bread	Oven Chips
Vegetables	Green Beans Sweetcorn	Carrots Cabbage	Broccoli Carrots	Carrots Green Beans	Peas Sweetcorn
Pudding Selection	Cheese and Biscuits	Chocolate Cake	Oat and Sultana Muffins	Ice cream	Carrot Cake
Fab 4 option served with cake, yoghurt and fruit.	Egg Mayonnaise wholemeal Roll	Ham Salad Plate	Tuna and cucumber wholemeal roll	Fill your own wrap (mixture of fillings and salad available)	Ham Wholemeal roll

Available each day for all: Water, squash, milk, chunks of wholemeal bread and salad.