

Menu Week Beginning: 22nd January 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 with pudding	Meatballs in Tomato Sauce	Chicken and Vegetable Pie	Roast Pork with Apple Sauce	Beef Stew and Dumplings	Chicken and Pepperoni Pasta Bake
Option 2 with pudding	Jacket Potato with Cheese	Spaghetti Carbonara	Vegetarian Sausage	Tomato and Mozzarella Pastry Slice	Jacket Potato with Tuna Mayonnaise
Starchy food	Pasta	Croquette potatoes	Roast Potato	Boiled potatoes	
Vegetables	Carrots Peas	Peas Sweetcorn	Carrots Green Beans	Broccoli Sweetcorn	Salad
Pudding Selection	Apple and Berry Sponge with Custard	Treacle Sponge and custard	Bakewell Tart and custard	Jam Sponge	Carrot Cake
Fab 4 option served with cake, yoghurt and fruit.	Ham Wholemeal Roll	Cheese Wholemeal Roll	Carrot and Parsnip soup with bread wedges	Fish Finger Butty	Cheese Salad Wrap

Available each day for all: Water, squash, milk, chunks of wholemeal bread and salad.