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Dear Parents/Carers

We endeavour to offer enrichment activities to students and part of the KS3 curriculum, which includes Outdoor Adventurous Activities (OAA).

This year Heartlands are offering your son/daughter an amazing opportunity to participate in a trip to Bude, which is a leading outdoor activity centre in Cornwall. The school have used these facilities for the past 5 years and have had excellent feedback from students. **We are limited to 20 places and hope your son/daughter can be part of this!**

The Centre offers a huge variety of activities including surfing, climbing, abseiling, canoeing and many others activities.

Trip details and cost as below

Depart: Monday 1st April 7.30am from Heartlands Community entrance

Return: Friday 5th April at 6–7pm

Cost: £250.00 per students (All monies will need to be paid in advance of the trip by Friday March 29th)

Deposit: £50.00

PP and FSM students limited places for £50.00 only!

The **cost of the trip is £250.00 per pupil- which is a fantastic offer** and only available as a result of a generous donation from the Tottenham Grammar Fund. Costs will cover accommodation, coach travel, three meals per day, all activities and specialist instructors and equipment. It also includes evening entertainment such as campfires, BBQ's and on the last day a disco. We believe this is real value for money per students and we have already negotiated good rates

£50.00 deposit can be paid via Parent Pay as soon as possible and ALL monies need to be paid before 29th March look for Bude Residential April 2019

If you are interested and would like to a place please return the letter – an excellent opportunity and **only 20 places** available on a first come first basis

Yours sincerely,

Mr D Maclaren
Outdoor Education Coordinator
donald.maclaren@heartlands.haringey.sch.uk



Reply slip

Return to Mr Maclaren N5.9

Medical Requirements

Student Name: _____

Student date of birth: _____

House code eg (PMC) _____



Medical Requirements – Please list any medication, allergies, previous injuries or medical issues below. If listing medication please include quantities and times to be taken.

Dietary Requirements – Please list any dietary needs or food allergies below, including medication.

Travel Sickness – Circle Yes or No

Does your child experience travel sickness? Yes No
In the event that they are travel sick, do you give permission for your child to be given travel sickness tablets? Yes No

I would like my son/daughter..... to attend the Bude trip.

I can pay the £80 deposit via Parent Pay by Feb 22nd

I would like to talk to you further

Signed.....

Email address for future correspondence – please complete

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Following this your son/daughter will be shortlisted and you will be contacted to confirm whether they have a place as soon as possible – Many thanks for taking the time to complete