

HHS RESTAURANT



MENU



	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Red Lentil, Cumin & Tomato (V)	Roasted Cauliflower and Garlic Soup with Caramelized Onions (V)	Butternut Squash, Apricot & Ginger (V)	Chicken Miso Broth	Chicken Chowder
Main Course	Macaroni Cheese	Chicken Sausage, Mashed Potato & Onion Gravy	Beef Bolognese with Pasta & Cheese	Jerk Chicken Rice & Peas Onion Gravy	Traditional Fish & Chips with Homemade Tartar Sauce
Vegetarian	Jacket Potato with: Cheese, Beans, Tuna, Quorn Ragu	Tomato & Mozzarella Sausage	Mustardy Mushroom Stroganoff with Spinach Rice	Iman Bayildi with Yogurt & Mint Dressing	Goats Cheese Linguine with Herbs
Vegetables	Mixed Vegetables	Carrots & Peas	Green Beans	Greens	Baked Beans or Peas
Available free with main course	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber
Pudding	Pear & Chocolate Crumble with Custard	Eves Pudding with Chantilly Cream	Fresh Fruit Salad with Greek Yogurt	Steamed Ginger Sponge with Rhubarb Compote & Custard	Banoffee Pie
Special Sandwich	Ciabatta Roll with Avocado, Mozzarella, Pesto, Tomato & Lettuce (V)	Baguette with Brie, Rocket & Fig Chutney (V)	Pastrami, Gherkin, Emmental, Rocket & English Mustard Mayonnaise on Sourdough Boule	Tortilla with Chicken, Bacon, Lettuce, Crunchy Onion & Ranch Dressing	Jerk Chicken Wrap with Pineapple, Lettuce, Coconut & Jerk Yogurt
Special Salad	Caesar with Avocado, Croutons, Asparagus, Hard Boiled Egg & Cheese (V)	Greek (V) Feta, Red Onion, Tomato, Olives, Cucumber & Oregano With Garlic Pitta Strips	Chipotle Chicken Burrito With Black Beans, Jalapenos & Sour Cream Dressing	Ras El Hanout (V) Roasted Cauliflower with Chicken, Chick Peas, Pomegranate Seeds, Tomatoes, Red Onion & Pine Nuts	Hot Smoked Mackerel with Beetroot, Sun Blush, New Potato, Asparagus, Spring Onion & Lemon Dressing





	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Cauliflower & Chive	Roasted Butternut Squash	Corn Soup with Chipotle Sour Cream	Chicken, Black Bean & Chipotle Chilli	Tomato, Fennel & Feta
Main Course	Quorn & Lentil Lasagne with Garlic Bread	Honey, Ginger, Garlic & Soy Chicken with Noodles	Cottage Pie with Beef, topped with Cheesy Mash	Barbecue Chicken with Rice & Cornbread	Traditional Style Fish & Chips with Homemade Tartar Sauce
Vegetarian	Jacket Potato with: Cheese, Beans, Tuna, Quorn Ragu	Sweet Chilli & Soy Rice with Lotus Root	Butternut Squash, Parmesan & Pine Nut Spaghetti	Sri Lankan Mango Curry with Poppadum's	Stuffed Peppers with Rice, Vegetables & Buttery Crumb
Vegetables	Sweet Corn & Peas	Stir Fried Vegetables	Broccoli & Sweetcorn	Carrots & Peas	Baked Beans & Sweetcorn
Available free with main course	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber
Pudding	Pineapple & Mango Crumble	Chocolate Sponge with Chocolate Custard	Fresh Fruit Salad with Greek Yogurt	Carrot Cake with Cream Cheese Frosting	Tiramisu
Special Sandwich	Bagel with Falafel, Hummus, Avocado & Sweet Red Drop Peppers	Turkey Swiss Baguette: Emmental, Turkey, Mustard Mayonnaise, Red Onion, Lettuce & Tomato	East Meets West Bagel: Brie, Rocket, Bacon & Mango Chutney	Mexican Chicken Baguette: Avocado, Cream Cheese, Lettuce & Jalapenos	Barbecue Chicken Baguette with Lettuce & Red Onion
Special Salad	Grilled Halloumi & Bean: Mixed Beans, Grilled Halloumi, Cous Cous & Lemon Caper Dressing (V)	Chicken Caesar: Kos, Parmesan, Chicken, Avocado & Croutons	Curried Chicken & Mango: Little Gem, Mango Chutney, Lime & Toasted Sesame Seeds	Sun blush, Pasta, Bacon, Avocado, Spinach, Mozzarella, Spring Onion & Balsamic Dressing	Hot Smoked Mackerel: New Potato, Chives, Beetroot & Watercress with Lemon & Chive Dressing





	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Roasted Red Pepper, Sweetcorn & Chilli (V)	Kohlrabi & Caraway (V)	Falafel & Sun Blush Tomato (V)	Malaysian Chicken Laksa	Chicken & Vegetable Broth
Main Course	Crunchy topped Macaroni Cheese	Chicken Tikka Masala & Basmati Rice Naan Bread Raita	Beef Lasagne with Garlic & Herb Ciabatta Bites	Roast Chicken, Roast Potatoes, Yorkshire Pudding, Vegetables & Gravy	Traditional Style Fish & Chips with Homemade Tartar Sauce
Vegetarian	Jacket Potato with: Cheese, Beans, Tuna, Quorn Ragu	Mushroom Tagliatelle with Grated Parmesan	Cumin Roasted Cauliflower with a Spicy Tomato Sauce	Pumpkin & Sage Risotto	Linguine with Pesto, Tomato, Courgette, Parmesan & Pinenuts
Vegetables	Mixed Vegetables	Spicy Cabbage	Broccoli & Sweetcorn	Peas	Baked Beans Sweetcorn
Available free with main course	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber
Pudding	Peach Cobbler with Custard	Jam & Coconut Sponge with Custard	Warm Banana Cake with Toffee Sauce	Fresh Fruit Salad & Greek Yogurt	Chocolate Mud Pie
Special Sandwich	Ciabatta Roll with Grilled Vegetables, Rocket & Goats Cheese	Rustic Baguette with Brie, Rocket, Grape & Chilli Jam	Chicken Tikka Masala filled Wrap with Raita & Lettuce	Chicken Caesar Bagel	Barbecue Chicken with Lettuce & Red Onion
Special Salad	Roasted Butternut Squash with Spinach, Radicchio, Puy Lentils, Orange Segments, Feta Cheese & Honey Mustard Dressing	Greek (V) Feta, Red Onion, Tomato, Olives, Cucumber & Oregano With Garlic Pitta Strips	Chipotle Chicken Burrito With Black Beans, Jalapenos & Sour Cream Dressing	Ras El Hanout (V) Roasted Cauliflower with Chicken, Chick Peas, Pomegranate Seeds, Tomatoes, Red Onion & Pine Nuts	Hot Smoked Mackerel with Beetroot, Sun Blush, New Potato, Asparagus, Spring Onion & Lemon Dressing





	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Cauliflower & Chive (V)	Roasted Butternut Squash (V)	Corn Soup with Chipotle Sour Cream (V)	Chicken, Black Bean & Chipotle Chill	Tomato, Fennel & Feta (V)
Main Course	Quorn & Lentil Lasagne with Garlic Bread	Minced Beef Ragu with Gnocchi & Garlic Herb Slice	Turkey & Leek Pie With Buttered New Potatoes	Tomato & Pesto Chicken Pasta Bake with Mozzarella Cheese	Traditional Style Fish & Chips with Homemade Tartar Sauce
Vegetarian	Jacket Potato with: Cheese, Beans, Tuna, Quorn Ragu	Aubergine Parmigiana with Mozzarella & Tomato & Basil Sauce	Caramelised Onion & Feta Tart	Balsamic Roasted Mediterranean Vegetables & Halloumi	Spaghetti With Chilli Garlic, Lemon & Parsley
Vegetables	Sweetcorn	Mixed Vegetables	Carrots	Peas	Baked Beans or Mushy Peas
Available free with main course	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber	Coleslaw, Lettuce, Tomato, Beetroot & Cucumber
Pudding	Flapjack cinnamon apple crumble with custard	Plum Upside Down Cake with Custard	Fresh Fruit Salad with Lime & Coconut Yoghurt	Sticky Toffee Pudding & Custard	Eton Mess Cream, Fruits of the Forest & Meringue
Special Sandwich	Granary Baguette with Avocado, Mozzarella, Pesto, Tomato & Rocket (V)	Shredded Duck Wrap with Spring Onion & Hoi Sin	East Meets West Bagel: Bacon, Brie, Rocket & Mango Chutney (V)	Mexican Chicken Baguette: Avocado, Cream Cheese, Lettuce & Jalapenos	Ham Ploughman's, Coleslaw, Pickled Onion, Cheese & Salad
Special Salad	Grilled Halloumi & Bean: Mixed Beans, Grilled Halloumi, Cous Cous & Lemon Caper Dressing (V)	Chicken Caesar: Kos, Parmesan, Chicken, Avocado & Croutons	Curried Chicken & Mango: Little Gem, Mango Chutney, Lime & Toasted Sesame Seeds	Sun blush, Pasta, Bacon, Avocado, Spinach, Mozzarella, Spring Onion & Balsamic Dressin	Hot Smoked Mackerel: New Potato, Chives, Beetroot & Watercress with Lemon & Chive Dressing

