

Department	Physical Education
Year	11
Qualification	AQA Practical GCSE

BCHS Curriculum Map 2016-2017

Term	Week Commencing	12.9.16	19.9.16	26.9.16	03.10.16	10.10.16	3.10.16	10.10.16	17.10.16
Autumn 1	Topic	Group 6- Exercising Safely and effectively to improve health and wellbeing- Circuit training Knowledge of the circuit stations	Group 6- Exercising Safely and effectively to improve health and wellbeing- Circuit training Identifying the appropriate muscles groups	Group 6- Exercising Safely and effectively to improve health and wellbeing- Circuit training Sustaining effort for full duration	Group 6- Exercising Safely and effectively to improve health and wellbeing- Circuit training Sustaining effort for full duration with good technique	Group 6- Exercising Safely and effectively to improve health and wellbeing- Circuit training Increasing the demand of the circuits	Group 1- Outwitting opponents- Badminton Serves with good technique to outwit opponent	Group 1- Outwitting opponents- Badminton Clears with good technique to outwit opponent	Group 1- Outwitting opponents- Badminton Smash with good technique to outwit opponent
	Assessment	Observation Demonstration	Peer-Assess Observation Demonstration	Observation Analysis Demonstration	Peer-Assess Observation Demonstration Yr 11 - Assessment week mock paper.	Self-Assess Demonstration	Peer-Assess Observation Demonstration	Peer-Assess Observation Demonstration	Peer-Assess Observation Demonstration Yr 10 - Assessment week unit test.

Autumn 2	Week Commencing	31.10.16	7.11.16	14.11.16	21.11.16	28.11.16	5.12.16	12.12.16
		Group 1- Outwitting opponents- Badminton Drop shot and net play with good technique to outwit opponent	Group 1- Outwitting opponents- Badminton Singles and doubles play to outwit opponents	Group 2- Accurate replication of actions, phrases and sequences – Trampolining Basic jumps with control and fluency	Group 2- Accurate replication of actions, phrases and sequences – Trampolining Seat, front and back landings with control and fluency	Group 2- Accurate replication of actions, phrases and sequences – Trampolining Combination moves with good control and fluency	Group 2- Accurate replication of actions, phrases and sequences – Trampolining Rotations with good control and fluency	Group 2- Accurate replication of actions, phrases and sequences – Trampolining Routine development with good control and fluency
	Assessment	Peer-Assess Observation Demonstration	Self-Assess Analysis Demonstration	Peer-Assess Observation Demonstration	Self-Assess Peer-Assess Observation Yr 11 - Assessment week unit test.	Self-Assess Observation Analysis Demonstration	Observation Analysis Demonstration	Observation Analysis Demonstration
Spring 1	Week Commencing	2.1.17	9.1.17	16.1.17	23.1.17	30.1.17	6.2.17	13.2.17
	Topic	Group 6- Exercising Safely and effectively to improve health and wellbeing- Circuit training	Group 6- Exercising Safely and effectively to improve	Group 1- Outwitting opponents- Badminton	Group 1- Outwitting opponents- Badminton	Group 2- Accurate replication of actions,	Group 2- Accurate replication of actions,	Key Process C- Filming of Circuits

		Moderation preparations- Setting up individualised circuits	health and wellbeing- Circuit training Moderation preparations- Running and monitoring individualised circuits	Moderation preparations- Drill preparations overhead clears and net play	Moderation preparations Tactical gameplay in singles and doubles	phrases and sequences – Trampolining Moderation Preparations Skills development- Basic jumps, landings, combinations and rotations	phrases and sequences – Trampolining Moderation Preparations- Routine development	
	Assessment	Video Analysis of performances	Video Analysis of performances	Video Analysis of performances Yr 10 - Assessment week unit test.	Video Analysis of performances	Video Analysis of performances	Video Analysis of performances Yr 11 - Assessment week mock paper.	Video Analysis of circuit training
Spring 2	Week Commencing	27.2.17	6.3.17	13.3.17	20.3.17	27.3.17	03.4.17	
	Topic	Key Process C- Analysis of circuit training performances	Key Process C- Analysis of circuit training performances	Group 1- Outwitting opponents- Rounders Batting with good technique, control and power	Group 1- Outwitting opponents- Rounders Batting with good technique, control and power	Group 1- Outwitting opponents- Rounders Fielding with good	Group 1- Outwitting opponents- Rounders Fielding	

								technique, control and power	with good technique, control and power
	Assessment	Written tasks/ coursework	Written task/coursework	Observation Demonstration	Peer-Assess Observation Demonstration	Peer-Assess Observation Demonstration	Observation Demonstration	Peer-Assess Observation Demonstration	Peer-Assess Observation Demonstration
Summer 1	Week Commencing	24.4.17	1.5.17	8.5.17	15.5.17	22.5.17	16.5.17	23.5.17	
	Topic	Group 1- Outwitting opponents- Rounders Fielding with good technique, control and power	Group 1- Outwitting opponents- Rounders Tactical gameplay sustaining good technique	Group 1- Group 1- Outwitting opponents- Rounders Tactical gameplay sustaining good technique					
	Assessment	Peer-Assess Observation Demonstration	Peer-Assess Observation Analysis Demonstration	Observation Analysis Demonstration	Yr 10 - Assessment week mock paper.	Yr 11 - Practical Moderation	GCSE Exam		

			Yr 11 - Scenario release					
Summer 2	Week Commencing	5.6.17	12.6.17	19.6.17	26.6.17	3.7.17	10.7.17	17.7.17
	Topic							
	Assessment							