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## Low Ropes Course

### INTRODUCTION

Thurston Low Ropes Course consists of a six element linear course and three stand alone team challenge elements.

### VENUE

Thurston Grounds

### STAFFING

- Ratio: The normal instructor/student ratio.
- Leader should have site specific training

### EQUIPMENT

- Suitable clothing and footwear for the conditions and activity.
- Helmets should be worn.
- Equipment is available from the Problem Solving Store for additional challenges.
- Instructor should carry out a visual inspection on all elements to be used.

### OPERATING CONSIDERATIONS

- The activity should be run in accordance with the “Technical Outdoor Solutions Operating Procedures – Thurston Low Ropes” documentation (this is available in the office or electronically).
- Spotting should be used when appropriate. If necessary, spotting techniques should be taught and practised.
- The equipment is only for use under Thurston staff supervision.
- The course is subject to regular inspections.
- Wind speed and direction need to be taken into consideration.