

# Lunch Menu

This Autumn / Winter Menu is available on the following weeks, date commencing;  
11<sup>th</sup> June, 2<sup>nd</sup> July

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	 Chicken & Spinach Pasta Bake	 A selection of popular Chicken and Beef	 Roast Chicken with Stuffing & Gravy	 Enjoy This Week's Curry Corner	 Fish & Chips Or Marinated Cajun Chicken Thigh & Chips
<b>Vegetarian Main Meal</b>	Mixed Pepper & Tomato Quiche	Mexican dishes served with rice, tacos, wraps and sides  See daily menu for Today's Choices	 4 <sup>th</sup> July American Ind. Day Southern Fried Chicken Wedges Burgers Hot Dogs	Authentic Dishes and Sides Beef, Tomato & Potato Balti  Chickpea & Vegetable Coconut Curry	Cheese & Tomato French Bread Pizza
<b>On the Side</b>	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays				
<b>Jacket Potato</b>	Available Daily with Cold Fillings Hot Fillings available on certain days – please see daily menu				
<b>Hot Dessert</b>	Choose from our Daily Selection of Hot and Cold Desserts See daily menus, Cold Cabinet and Tray Bake, Cakes by the Tills				

find out more about us at  
[www.caterlinkltd.co.uk](http://www.caterlinkltd.co.uk)

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21<sup>st</sup> May, 18<sup>th</sup> June, 9<sup>th</sup> July

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	 Spaghetti Bolognaise with Garlic Bread	 <b>Jamaica</b> Patties Jerk Chicken Rice & Peas Caribbean Macaroni Pie	 Roast Chicken with Stuffing & Gravy	 Look out for Chef's "Hot & Spicy" Specials from around the world	 Fish & Chips Or BBQ Chicken Thigh & Chips
	<b>Vegetarian Main Meal</b> Black Bean & Vegetable Chilli with Nachos	<b>Greece</b> Falafel, Lamb Koftas, Potato & Minced Beef Moussaka <b>Spain</b> Chicken Paella Potato Tortilla Patatas Bravas Valencia Orange Sponge	Vegetable Lasagne with Garlic Bread	See daily menus for Today's Dishes	Homemade Cheese & Onion Pasties with a Rich Tomato Sauce on the Side
<b>On the Side</b>	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays				
<b>Jacket Potato</b>	Available Daily with Cold Fillings Hot Fillings available on certain days – please see daily menu				
<b>Hot Dessert</b>	Choose from our Daily Selection of Hot and Cold Desserts See daily menus, Cold Cabinet and Tray Bake, Cakes by the Tills				

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4<sup>th</sup> June, 25<sup>th</sup> June, 16<sup>th</sup> July

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	 Beef Lasagne With Garlic Bread Watch out For Our Italian Day With Authentic Italian Pizza	 Oven Roasted Marinated Chicken Thighs with selection of Wedges, Sweetcorn, Onion Rings, Spicy Gravy, Coleslaw	 Roast Turkey with Stuffing & Roasted Potatoes	 Enjoy This Week's Curry Corner Authentic Dishes and Sides	 Fish & Chips Or Jerk Chicken Thigh with Chips
	 <b>Vegetarian Main Meal</b> Jacket Potato Bar Hot & Cold Fillings Vegetable Chilli BBQ Beans Cheese Tuna Coleslaw	VEGETARIAN OPTION Vegetable Chow Mein with Black Bean Sauce	 Mac N Cheese Coleslaw Salads & Vegetables	Indian Spiced Chicken Curry Lentil & Spinach Curry	Spicy Tomato & Vegetable Pasta Bake With Cheesy Nacho Topping Coleslaw Salads & Vegetables
<b>On the Side</b>	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays				
<b>Jacket Potato</b>	Available Daily with Cold Fillings Hot Fillings available on certain days – please see daily menu				
<b>Hot Dessert</b>	Choose from our Daily Selection of Hot and Cold Desserts See daily menus, Cold Cabinet and Tray Bake, Cakes by the Tills				

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