



XP School Trust Ltd

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29.11.18

Dear Parent / Carer,

Your son / daughter has chosen to cycle for their Silver DofE expedition which we are really excited about.

Mr Said will be the lead expedition supervisor along with Chris Green from the DCLT.

Students must attend the cycling group after school on a Friday to improve fitness and to become familiar with the others in their group and to learn basic bike care etc. These sessions will start in the early spring and help students to develop safety awareness and stamina, which are essential for their expedition. Attendance of these sessions is a condition of being able to use cycling as their mode of transport for Duke of Edinburgh. Students will also need to pass a Bikeability assessment which will take place at school.

Students need to show a commitment to planning and preparing for their expedition, showing self motivation in order to meet deadlines and therefore ensure a high quality plan for their expedition..

Some specialist equipment will be needed in addition to the regular expedition items such as helmets, inner tubes and pannier bags. Students also must have a suitable and serviceable bike for the expedition. A road bike will not be suitable. Mountain bikes will be most appropriate but hybrid bikes would be acceptable too. If you need any advice please speak with Mr Said.

Students need to commit to ALL of the above to take part in the cycling expedition.

The cost of the expedition is either £60 or £70 depending on if you need to rent a bike pannier (bike rack for equipment and kit). Money must be handed into the school office no later than **Friday 14th December**.

Silver expedition dates are:

Practice exped: **Thursday 9th - Saturday 11th May**

Assessed Expedition: **Tuesday 9th - Thursday 11th July**

Any problems or questions please contact Mr Said or Mrs ap Harri

Name:..... **Will / will not** be able to join the Friday cycling club each week and commit to all of the above in the letter.

£..... included / Have already paid in full.

Parent / carer signature:..... Date:.....

XP IS A MULTI-ACADEMY TRUST