

PE

Key Stage One (Reception, Year 1, Year 2)

Long Term Plan

Autumn	Spring	Summer
Gym	Dance	Dance
Dance	Games	Games
Gym	Gym	Gym
Dance	Games	Games/Athletics

Year 3

Autumn	Spring	Summer
Gym	Games	Dance
Swimming	Swimming	Swimming
Dance	Gym	Games/Athletics
Swimming	Swimming	Swimming

Year 4 and 5

Autumn	Spring	Summer
Games	Gym	Games
Gymnastics	Dance	Athletics
Games	Gym	Games
Dance	Dance	Athletics

Year 6

Autumn	Spring	Summer
Games	Gym	Games
Dance	Dance	Outdoor Education
Games	Gym	Games
Dance	Games	Athletics

P.E. provision: 2 hours per week

Sessions can be swapped around accordingly, depending on hall availability, weather and topics covered. Both indoor and outdoor games should be encouraged, and athletics should include track and field events.

Schemes of work: Val Sabin and Top Sports