



# Court Fields School

## Keeping Safe Online

Don't post any personal information online – like your address, email address or mobile number.

Think carefully before posting pictures or videos of yourself. Once you've put a picture of yourself online most people can see it and may be able to download it, it's not just yours anymore.

Keep your privacy settings as high as possible

Never give out your passwords. Use a complex password

Don't befriend people you don't know

Don't meet up with people you've met online. Speak to your parent or carer about people suggesting you do

Remember that not everyone online is who they say they are

Think carefully about what you say before you post something online

Respect other people's views, even if you don't agree with someone else's views doesn't mean you need to be rude

If you see something online that makes you feel uncomfortable, unsafe or worried: leave the website, turn off your computer if you want to and tell a trusted adult immediately.

Be careful what you share. If you wouldn't want your teacher or parents to see. It's probably best not to post it. Because once it's online, it's out of control

Name \_\_\_\_\_

Signed \_\_\_\_\_

Class \_\_\_\_\_ Date \_\_\_\_\_