

BE A SAFETY SUPERHERO

SAFE CHILDREN TOGETHER WE HAVE GOT THIS



DID YOU KNOW?

In the event of a crash, rear-facing child seats can reduce the likelihood of death and injury in young children and small infants by up to 90%

BOOSTER SEATS



The best start in life



South Tyneside Safeguarding Children Board

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DID YOU KNOW?

Vulnerable road users like pedestrians, cyclists, and bikers account for around 50% of deaths due to road accidents.

ROAD SAFETY



The best start in life



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TOP TIPS

- Walk on the footpath away from the road. Young children should always be with adults

- Use the Green Cross Code

STOP find a safe place to cross

LOOK right, left and right again

LISTEN while looking and keep thinking is it safe to cross?

- Try to use pedestrian crossings, like a zebra crossing, as these can help keep you safer when crossing the road

- Cross safely and never in front or behind a bus or vehicle or in between parked cars

- Concentrate when crossing the road and avoid being distracted by mobile phones, listening to music and chatting with friends

- If using a bike make sure you can be seen (high visibility clothing and lights) and complete a Cycling Proficiency course. Use cycle paths/lanes

Find out more at:

www.rosipa.com

www.roadsafetygb.org.uk

TOP TIPS

- Children must normally use a child car seat until they are 12 years old or 135cm tall, whichever comes first
- Children over 12 or more than 135cm tall must wear a seat belt
- You can choose a child car seat based on your child's height or weight
- **Height-based seats** - must be rear-facing until your child is over 15 months old
- **Weight-based seats** - see chart below:

Child's weight	Group	Seats
0kg to 10kg	0	Lie-flat or 'lateral' baby carrier, rear-facing baby carrier, or rear-facing baby seat using a harness
0kg to 13kg	0+	Rear-facing baby carrier or rear-facing baby seat using a harness
9kg to 18kg	1	Rear- or forward-facing baby seat using a harness or safety shield
15kg to 25kg	2	Rear- or forward-facing child car seat (high-backed booster seat or booster cushion) using a seat belt, harness or safety shield
22kg to 36kg	3	Rear- or forward-facing child car seat (high-backed booster seat or booster cushion) using a seat belt, harness or safety shield

Find out more at:

www.capt.org.uk

safetyadvice

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