



ASTHMA POLICY

This school recognises that Asthma is a widespread, serious but controllable condition. Our school positively welcomes all pupils with asthma and encourages them to achieve their potential in all aspects of school life by having a clear policy that is understood by all school staff.

All school staff who administer Asthma medication have attended training sessions from an Asthma Specialist Nurse.

Record Keeping

At the beginning of each school year or when a child starts school/nursery, parents/carers are asked if their child has any medical conditions, including Asthma, on their child information form. From this information the school updates the Asthma register, which is available to all school staff.

Parents/carers should inform school/nursery of any changes in their Child's medication or condition.

Exercise and Activity

Taking part in sports, games and activities is an essential part of school life for all pupils. All teachers know which children in their class have Asthma from the schools Asthma register. Games and PE may trigger an Asthma attack and therefore staff may need to administer a dose of medication before exercise.

Disclaimer

Parents/carers are responsible for ensuring their children have an adequate supply of appropriate Asthma medication (including a spacer in school) at all times. Parents must sign a consent form before medication is administered. (See Appendix 1)

This policy will be reviewed annually.

Appendix 1 Asthma Card

School Asthma Card

To be filled in by the parent/carer

Child's name

Date of birth

Address

Parent/carer's name

Telephone - home

Telephone - mobile

Email

Doctor/nurse's name

Doctor/nurse's telephone

This card is for your child's school. **Review the card at least once a year and remember to update or exchange it for a new one if your child's treatment changes during the year.** Medicines and spacers should be clearly labelled with your child's name and kept in agreement with the school's policy.

Reliever treatment when needed

For shortness of breath, sudden tightness in the chest, wheeze or cough, help or allow my child to take the medicines below. After treatment and as soon as they feel better they can return to normal activity.

Medicine	Parent/carer's signature
<input type="text"/>	<input type="text"/>

If the school holds a central reliever inhaler and spacer for use in emergencies, I give permission for my child to use this.

Parent/carer's signature Date

Expiry dates of medicines

Medicine	Expiry	Date checked	Parent/carer's signature
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Parent/carer's signature Date

What signs can indicate that your child is having an asthma attack?

Does your child tell you when he/she needs medicine?

Yes No

Does your child need help taking his/her asthma medicines?

Yes No

What are your child's triggers (things that make their asthma worse)?

Pollen Stress
 Exercise Weather
 Cold/flu Air pollution

If other please list

Does your child need to take any other asthma medicines while in the school's care?

Yes No

If yes please describe below

Medicine	How much and when taken
<input type="text"/>	<input type="text"/>

Dates card checked

Date	Name	Job title	Signature / Stamp
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

To be completed by the GP practice

What to do if a child is having an asthma attack

- Help them sit up straight and keep calm.
- Help them take one puff of their reliever inhaler (usually blue) every 30-60 seconds, up to a maximum of 10 puffs.
- Call 999 for an ambulance if:
 - their symptoms get worse while they're using their inhaler - this could be a cough, breathlessness, wheeze, tight chest or sometimes a child will say they have a 'tummy ache'
 - they don't feel better after 10 puffs
 - you're worried at any time.
- You can repeat step 2 if the ambulance is taking longer than 15 minutes.

Any asthma questions?
 Call our friendly helpline nurses
0300 222 5800
 (9am - 5pm; Mon - Fri)
www.asthma.org.uk