

# **Ss Peter and Paul RC Primary School**

## **Relationships and Sex Education Policy**



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## **RELATIONSHIPS AND SEX EDUCATION POLICY**

### **PRINCIPLES AND PRACTICE**

Relationships and Sex Education is lifelong learning about physical, sexual, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect, love and care for family life. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes.

Ss Peter and Paul RC Primary School believes that RSE should:

- Be an integral part of the lifelong learning process, beginning in early childhood and continuing into adult life.
- Be an entitlement for all people.
- Be set within the wider school context and supports family commitment and love, respect and affection, knowledge and openness. Family is a broad. It includes a variety of types of family structures and encourages acceptance.
- Encourage children and teachers to share and respect each others views.
- Generate an atmosphere where questions and discussion can take place without any stigma or embarrassment.
- Recognise that parents are the key people in teaching their children about sex, relationships and growing up. We aim to work in partnership with parents and students, consulting them about the content of the programmes.
- Recognise that the wider community has much to offer and we aim to work in partnership with health professionals and other mentors or advisers.

**Relationship and Sex Education has three main elements:**

#### **Attitudes and Values**

- ❖ Learning the value of respect, love and care for oneself and others.
- ❖ Learning the importance of values, consequences and moral choices.
- ❖ Learning the value of family life, stable and loving relationships, and marriage.
- ❖ Challenging myths, misconceptions and false assumptions.

#### **Personal and Social Skills**

- ❖ Learning to manage emotions and relationships confidently and sensitively.
- ❖ Developing self-respect and empathy for others.
- ❖ Learning to make choices based upon the facts.
- ❖ Developing an appreciation of the consequences of choices made.
- ❖ Empowering young people with the skills to be able to avoid inappropriate pressures.

#### **Knowledge and Understanding**

- ❖ Learning and understanding physical development at appropriate stages.
- ❖ Understanding human sexuality, reproduction, sexual health, emotions and relationships.

### **ORGANISATION AND INTENT**

Ss Peter and Paul School makes provision for RSE through its PSHE programme (Nurturing Human Wholeness), SEAL, RE and Science lessons at Foundation Stage, KS 1 and KS 2. The main teaching resources are 'A Journey in Love' and 'Lucinda and Godfrey' recommended by the Diocese. It will be supported by other learning resources appropriate to the age range.

Much of our RSE programme takes place in PSHE lessons delivered during Pastoral Care and class based lessons. They are set within the wider context of the PSHE curriculum focussing more on the emotional aspects of development and relationships, although the physical aspects are also included.

Any RSE lesson may consider questions or issues that some children will find sensitive. Staff will initiate ground rules which will prohibit personal information being requested or disclosed by those participating in lessons. When children ask questions, these will be dealt with honestly, within the ground rules already established. If it is felt necessary to answer a specific question which may be considered inappropriate for other children then this will be dealt with individually at another time.

The school uses the services of the School Nurse. When this happens, deliverers work under the protocols and guidance provided by school. Parents will always be informed of this and should they not wish their child to be part of this then they have the right of withdrawal.

Assessment will be carried out through the SEAL programme, Science or Religious Education as appropriate to the age and areas covered.

### **CONFIDENTIALITY AND SENSITIVE ISSUES**

The issue of confidentiality ranges across a number of our policies within school. **School staff cannot offer unconditional confidentiality.** We will always seek to be supportive if a disclosure is made. This will then come under the realms where Child Protection procedures are followed; the staff member will ensure that the young person understands that if confidentiality has to be broken, they will be informed first.

Health professionals in school are bound by their codes of conduct in a one-to-one situation with an individual pupil, but in a classroom situation they must follow the school's confidentiality protocol.

### **INCLUSION**

Our policy will be sensitive to the needs of all groups within school. We will consider children with Special Needs and groups from different cultures before agreeing any programme. We are happy to seek advice and respond to parental requests and concerns.

### **RIGHT OF WITHDRAWAL**

Some parents prefer to take responsibility for aspects of this element education. They have the right to withdraw their children from all or part of the RSE programme except for those parts included in the statutory National Curriculum.

Parents are encouraged to discuss their decisions with staff at the earliest opportunity. Parents are welcome to review any RSE resources the school uses.

### **MONITORING AND EVALUATION**

Relationships and Sex teaching and learning will be monitored across the curriculum by the Religious Education Coordinator and PSHE Coordinator.

The Governors will monitor this policy as part of the annual monitoring programme adopted by the Governing Body.

**Updated September 2016**