

BTEC Level 3 Extended Certificate in Sport Performance and Excellence

Course Overview

The Pearson BTEC Level 3 Extended Certificate in Sports Performance and Excellence is equivalent in size to 1 A level. It has been designed as part of a two-year programme, normally in conjunction with one or more qualifications at level 3. It is aimed at students aspiring to a professional career as a sport performer, or intending to progress to careers that involve performance, including as a sports coach or a support officer in a high performance environment.

Course Content

Year 12	Year 13
<ul style="list-style-type: none"> Unit 1: Anatomy & Physiology Unit 4: Sports Leadership 	<ul style="list-style-type: none"> Unit 3: Professional Development in the Sport industry Unit 2: Fitness training & Programming for Health, Sport & Well being.

Assessment

Unit 1: Anatomy & Physiology - written exam
 Unit 2: Fitness training & Programming for Health, Sport & Well being – task set and marked by Pearson (Exam board)
 The remaining units will be coursework based.

Entry Requirements

Minimum 5A* - C including Eng/Maths plus a grade C/Merit in GCSE PE or BTEC Award in Sport

Progression

Prepares learners with the knowledge and understanding related to elite performance whilst preparing them for related careers including:

- Sports apprenticeships
- Sports undergraduate degree
- Sports coaching

Course Contact

Andy Miller	miller.a@trinitycatholiccollege.org.uk
Gemma Gibson	gibson.g@trinitycatholiccollege.org.uk

