

PUPIL VOICE

TRINITY CATHOLIC COLLEGE/JUNE 2014

Race For Life

As you may or may not have seen in the last newsletter, Pupil Voice is organising a Race For Life in the upcoming weeks.

Although the details are still being ironed out by staff, we do have a plan that we've put forward. Although it isn't set in stone, here it is.

- The race will take place on Friday 11th July. It will be in the afternoon, after lunch.
- The race will be a full-school event, but each year will run or walk separately.
- There will be a 2k walking course and a 5k running course. You will get a sponsor form to fill in to take part in the race.
- To come in own-clothes, with a theme of pink and blue, you will need to give a £1 donation to the Race for Life fund.
- There will be ribbons sold as extra funding for 50p.
- Pupil Council and Staff will be supervising.

Written by Joseph Luke



Goodbye Year 11's...

Another year's gone by, although it's gone by quicker for some than others. For the Year 11's however, it was their last year, and now... it's over.

tears* *laughter

However you feel about it, you older, taller people are gone. That means that next year, everyone will be moving up to make room for the Year 7's.

It also means that the Year 10's are now in charge, but don't worry, we promise not to squish you. We have too much coursework to deal with that.

Regardless, it's time to say goodbye to the Year 11's - even though they've already left.

See you in sixth form.

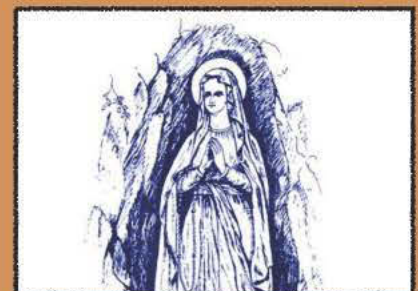
By the way, feel free to enjoy Mr Manders' selfie. I do. Very much.



REMINDER TO YEAR 10'S. Prefect applications still need to be handed in, remember to get them in early to make a good impression.



RACE FOR LIFE SOON. Get ready by asking around to find people willing to sponsor you in the race. Good luck, runners and walkers.



LOURDES 2014 IS OVER. For those of you who would be interested going to Lourdes in future, speak to Reverend Bunce, who helps run the trip.

Another Day, Another Surprise Meeting with Mr. Coady.

WITH A SURPRISE MEETING SPRUNG BY MR CAREY COMES A WHOLE NEW LOAD OF INFORMATION.

Now other than the previous mention of our beloved head teacher... here are some other proposals that you may or may not agree with. These are all changes that will be more or less effecting everyone in some kind of way, whether you believe that is an advantage or disadvantage comes down to your opinion.

The assemblies that have been held, you may have heard about split lunchtimes in the near future, unfortunately these changes take a little longer than first expected. In the next twelve months some changes are going to be planned and ready to be started at the start of the academic year of 2016 to do with lunchtimes that are being slightly altered but not much is really to be said other than that because nothing is quite set in stone. More on that as soon as we get any more information.

Now the pastoral teams are going to be informed of this and so are you (thanks to the Pupil Voice). Thankfully the teams are going to start getting more involved in the pupils progress and attainment; helping to manage behaviour, sort out personal issues and basically offer any support needed for the students of Trinity Catholic College. Pastoral leader will be more attuned to each student's over all progress with Academically More Able and Talented (AMAT) with children who are making good progress on target or with students who may be struggling slightly, whether the answer to that would be to sit down and have a chat about their opinion on how things are going or deciding to challenge them or help them with afterschool classes or revision.

In the following weeks a meeting for pastoral review will be held and we'll be sure to update you on that one.

Continuing on with proposals from Mr Coady as well as the majority of the staff populace, it has been discussed and a suggestion has been made to ban fizzy and/or energy drinks. The idea of the entire thing may seem a little ridiculous but focusing on the main culprit (LUCOZADE) you may feel that this is a ban on your choices. Restricting you from having the opportunity to decide what you do, however it is a choice that is particularly positive and will (in the long run) benefit the entire student body and the school in general.

Energy drinks that are ingested during school, like Lucozade, have huge amount of sugar in them. Believe it or not it is highly unhealthy to have that amount of sugar during a normal school day.

A young adolescent (11-16) should only be ingesting between 30g (female) and 45g (male) of sugar every day. In a 500ml bottle of Lucozade there is about 35g of carbs, half of which is sugar (THAT'S ALMOST ALL OF YOUR DAILY ALLOWANCE) too much sugar in a short period of time causes the body to have too much energy which causes hyperactivity which leads to disruption in lessons but also once the sugar is burnt and out of your system the individual experiences a sugar crash, causing performance to decrease massively and effect learning not only for the individual but for the entire class room. Other than the immediate effects, drinking sugary sports drinks not only causes you to have decaying teeth and gums but may also lead to obesity, diabetes, high blood sugar levels but also may cause heart problem or even in serious cases failure in the long term. If we were to ban these energy drinks unless there were certain exceptions for things such as sport where students would be allowed light/low calorie sports drinks with refined sugar so as to replace electrolytes but keep sugar levels low. You will be informed of this decision in the next few weeks and we hope to have this order passed by September at the latest.

Pupil Voice Puzzles No. 2

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CHARITY
HEADTEACHER
LEAVERS
LIFE
LOURDES
LUCOZADE
PILGRIMAGE
PREFECTS
PUPIL
RACE
RUN
SURVEY
VOICE

Lourdes 2014 - The Pilgrimage Returns

ANOTHER YEAR, ANOTHER PILGRIMAGE. THIS ONE LOOKS LIKE IT TURNED OUT WELL!

As you can see from the pictures to the right, this year's pilgrimage to Lourdes was a smashing success. I personally have spoken to many of the pupils that made the journey, and they all seemed like they enjoyed it, to say the least!

For those of you that aren't aware, the pilgrimage is a holy journey taken by the Middlesbrough diocese each year to Lourdes, France. Along the way there is a ferry, a very, very long bus journey, caravans, care, and mass. But there's much more than that!

Every year we see more and more students wanting to go to Lourdes, and this was the same. With such wonderful stories coming back, it's even making me regret not going.

All in all, both teachers, priests, pilgrims and pupils enjoyed the Lourdes Pilgrimage 2014, and after some wonderful feedback, it's up to me to show you what they got up to. Enjoy the pictures and quotes.

If any of you want to make the journey, you'll have to wait until Year 10. But I'm sure you'll love it as much as my year has.

PICTURE BREAKDOWN



SCHOOL POLL: DO YOU WANT TO GO TO LOURDES?

Answer: [facebook.com/trinitypupilvoice](https://www.facebook.com/trinitypupilvoice)



"Lourdes was an inspirational experience... one I will never forget and (that) will stay in my heart forever as it was such an extraordinary place which I was able to share with amazing people."

— Alicia Connors, 10



"It was such an amazing experience and I would love to go back again. I don't know what else to say, apart from that. It was amazing."

— Shannon Symon, 10,
(paraphrased)

Yes

No

Maybe

What's Lourdes? *

* Obviously, if you picked this one, you haven't read any of our articles. Please go back and try again.

Pupil Surveys - Results

THE SURVEYS YOU ALL FILLED IN? WELL, THEY'VE BEEN PROCESSED, AND THE RESULTS ARE IN. SURVEY SAYS...

This edition needs a bit more of numbers and statistics and information for you to digest rather than all the fun and games we had last issue.

cough Sudoku *cough*. Let's rewind back to the ancient old days of before May half term; think back to the leaflets and questionnaires you had to take home for the school? Well we have the results and we're ready to dish the dirt:

We're going to start with a few of the generic question and their statistics.

•77% of the school agrees that most teachers treat pupils fairly and 38 % think that lessons are fun and/or interesting

•76 % think homework is important (Nerds)

•63% believe that changes in the school are done with the pupil's opinions in mind (with the help of Pupil Voice we're hoping to have a rise in that in the future months)

•63% think the school promotes healthy lifestyles

If any of you have enquiries about any of the above don't hesitate to contact us via social media and/or our new school email which will be widely available very soon.

Now 87% of you have said that you feel that you have been bullied or somehow harassed during your time at school, that is an awfully big number and we're working to get an anti-bullying scheme up and running towards September time, hopefully involving prefects and peer mentors as well as the Pupil Voice to help beat those numbers down.

Although on a brighter note 92% of you feel happy and 84% of you feel positive which is always a great sign.

Just remember this.

"There are far, far better things ahead than any we leave behind" -C.S Lewis.

Nelly (Niloufar) Kaidan

Poll Results

What type of club would you prefer?

Answer: [facebook.com/trinitypupilvoice](https://www.facebook.com/trinitypupilvoice)

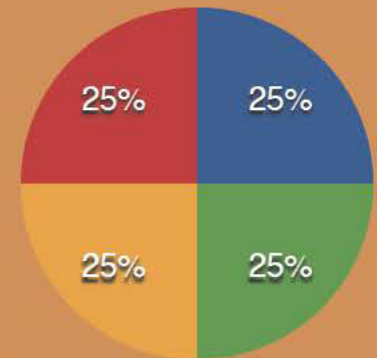
Art - 25%

Drama/Dance - 25%

English - 25%

Sport - 25%

Others - 0%



FROM THE EDITOR

For the second edition of the Pupil Voice, we've been a bit rushed. It is hard to make a newsletter while juggling exams, mock exams and evil, evil homework (thanks English). Hopefully this edition has still managed to interest you at least a little bit, although I suppose if you're reading this it must have. (Woah! Break down the fourth wall!) Nevertheless, we appreciate that there may be things going on we haven't had chance to report on, or issues within our issues, so if you have any concerns or suggestions, please message us on Facebook or speak directly to me or Nelly.

Joseph Luke

THANK YOU FOR READING

Thank you for reading this weeks edition of Pupil Voice. Please, don't hesitate to give us your feedback - it is our number one priority and purpose, after all! To contact us, either speak to your form or year representative, ask a teacher to pass on a message, email the school, visit our Facebook page... and so on. So make sure

you give us your feedback as soon as possible.

CONTACT US

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Email: Coming Soon

PUPIL VOICE

Issue No. 1



Pupil Voice. Power to the pupil.
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