

<b>SUBJECT</b> GCSE Physical Education	<b>YEAR</b> 10 & 11
<b>HEAD OF DEPARTMENT</b> Mr A Sykes	
<b>GROUPING POLICY</b> Mixed ability in option blocks	
<b>EXAM BOARD</b> AQA	
<b>ASSESSMENT:</b> 60% External examination; 40% Practical Performance	
<b>Link to Specification:</b> <a href="http://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582">http://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582</a>	
<b>COURSE CONTENT</b> <b><u>What will my child learn?</u></b> <p>Over the two years of the GCSE Physical Education (PE) course, students will study the following topics:</p> <ol style="list-style-type: none"> <li>1. Applied anatomy and physiology</li> <li>2. Movement analysis</li> <li>3. Physical training</li> <li>4. Use of data</li> <li>5. Sports psychology</li> <li>6. Socio-cultural influences</li> <li>7. Health, fitness and well-being</li> </ol>	
<b>What will homework look like?</b> <p>Homework will range through a variety of set questions and challenges related to the specific topic studied within class time. Homework will be on a weekly basis.</p>	
<b>What enrichment opportunities are available?</b> <ul style="list-style-type: none"> <li>● There is a range of extra-curricular clubs and practices.</li> <li>● Fixtures against other teams on a local and national level</li> </ul>	
<b>ASSESSMENT</b> <b>How will my child's work be assessed?</b>	

Candidates will be formally assessed throughout the 2 years during practical lessons where they will cover a variety of different activities, along with an assessment in their selected practical areas. The 60% theory grade is exam based, two written papers covering the whole GCSE grades (1-9).

Each paper will assess a set of topic areas and consist of a mixture of multiple choice/objective test questions, short answer questions and extended answer questions.

**Paper 1: The human body and movement in physical activity and sport (30%), 1hr 15mins**

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data (also in paper 2)

**Paper 2: Socio-cultural influences and well-being in physical activity and sport (30%), 1hr 15mins**

- Sports psychology
- Socio-cultural influences
- Health fitness and well being
- Use of data (also in paper 1)

**ADDITIONAL INFORMATION**

**How can I support my child in this subject?**

- Ensure that your child has the correct kit and equipment for each lesson to enable them to participate fully in the course.
- Revision guides will be given to pupils in year 11 to aid revision at home

**How can I support my child with exams?**

- Use of revision guide
- Question and answering