



# Healthy options

## Pasta pots

Tomato, basil and cheese (V); Tuna mayonnaise £1.05

## Ready made salads

Chicken tikka; Chicken; Cheese (V);  
Shredded ham; Tuna £1.50

## Self-serve salad (V & Ve options available)

Small £1.45  
Large £1.80

## Jacket potatoes

Plain £1.10  
Add one filling £1.70  
Add two fillings £1.95  
Add three fillings £2.20

## Vegetable bags (Ve)

Carrot sticks 50p  
Mixed stick pot 60p

## Market wraps

Pakora, houmous & mango chutney (Ve);  
Falafel, houmous & sweet chilli sauce (Ve) £1.75

## Tripot salads (V & Ve options available)

Available from £1.25

## Dips

Light mayonnaise; Chunky salsa;  
BBQ sauce 25p

## Fruit (Ve)

Apple; Orange; Banana (per piece) 50p  
Fruit pot 85p

## Fruit bags (Ve)

Pineapple bag; Apple and grape bag;  
Orange bag 50p  
Sultana bag 35p

## Smoothies (Ve)

Raspberry; Mango; Blueberry £1.00

Not all menu items will be available all the time.

(V) is for vegetarian, (Ve) is for vegan and (GF) is for gluten free.

**innovate**  
my goodness!