



Successful Revision: Tips and Ideas

Before the exams

Getting organised:

- Help your child to plan a revision timetable. Remember that revision slots should be short (no more than 40 minutes each) and that these should focus upon specific topics rather than subjects. Build in breaks and time to relax, too. The website getrevising.co.uk provides an online tool for creating a revision timetable.
- Providing a revision pack is a way of making a positive start. This could include: highlighter pens, coloured pens/pencils, index cards, sticky notes, paper, a ruler and a rubber.
- Get hold of subject specific revision guides (subject teachers will suggest the best revision guide for their subject).
- Help with prioritising what is needed and what is not; test your child so that they identify gaps in their knowledge that they can address through revision.

Providing a positive learning environment:

- Research suggests that the best environment in which to study is quiet, without distractions from other people or background noise such as from the television. Music without lyrics is fine.

Monitor and support their revision programme:

- Encourage your child to stick to their revision timetable, praising them when they have completed a session. You may wish to agree a reward structure, such as 'earning' a visit to friends, or watching a favourite T.V. programme.
- Understand that flexibility may be required. There are likely to be days when your child feels stressed. Reassure them that missing one session is not the end of the world.
- Show interest in their revision, talking through issues and helping them to review and adjust their revision timetable.
- Revise with them. This might include testing them on a particular topic using past paper questions or index cards.
- Remind them to take breaks in between revision blocks.
- Provide healthy snacks and plenty of water to drink to keep your child's body and brain hydrated.
- Encourage them to get plenty of sleep.



