

PE Curriculum Map

2017/18						
National Curriculum Overview KS1	<ul style="list-style-type: none"> • Participate in team games developing simple tactics for attacking and defending. • Master basic movements including running, jumping, throwing and catching as well as an opportunity to develop agility, balance and coordination in a range of activities. • Perform dance using simple movement patterns. 					
National Curriculum Overview KS2	<ul style="list-style-type: none"> • Play competitive games, modified where appropriate. Apply principles of attacking and defending. • Take part in Outdoor and adventurous activity individually and in a team. • Perform dance using a range of movement patterns. • Develop flexibility, strength, balance and control. • Use running, throwing, jumping and catching together or in isolation. • Develop flexibility, strength, balance and control. • Evaluating and improving performance throughout • Swimming – Cover 25meters using a range of strokes • Perform safe self-rescue techniques in different water based situations. 					
	Term 1		Term 2		Term 3	
Nursery	Balance	Movement Skills	Gymnastics (high and low)	Gymnastics (Travelling, shapes)	Dance – Jungle Book	Movement Skills
EYFS	Locomotion	Fundamentals Skills 2	Dance – Jungle Book	Invasion Games 1	Target Games 1	Athletics 1
Year 1	Invasion Games 1	Movement Skills 1	Dance – Animals	Gymnastics Skills 1	Striking and Fielding Skills 1	Athletics 2
Year 2	Invasion Games 2	Movement Skills 2	Dance – Fire of London	Gymnastics Skills 2	Striking and Fielding Skills 2	Athletics 3
Year 3	Basketball 1	OAA	Dance – The World	Gymnastics 3	Cricket 1	Athletics 4
Year 4	Basketball 1	OAA	Dance - Films	Gymnastics 3	Cricket 1	Athletics 4
Year 5	Basketball 2	OAA	Dance – Capoeira	Gymnastics 4	Cricket 2	Athletics 5
Swimming	Group 1		Group 2		Group 3	
Year 6	Basketball 2	OAA	Dance – Capoeira	Gymnastics 4	Cricket 2	Athletics 5