

**Physical Education Curriculum Overview 2018-2019**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p><b>Mastering Basic Movements:</b></p> <p>Developing agility, balance and co-ordination and applying these in a range of activities.</p> <p>Participate in team games, developing simple tactics for attacking and defending.</p> <p><b>Content: Fundamental movement/ gymnastics/ invasion games</b></p>			<p><b>Mastering Basic Movements:</b></p> <p>Copy and perform dances using simple movement patterns.</p> <p><b>Content: Fundamental movement/ dance</b></p>	<p><b>Mastering Basic Movements:</b></p> <p>Developing agility, balance and co-ordination and applying these in a range of activities.</p> <p>Participate in team games, developing simple tactics for attacking and defending.</p> <p><b>Content: Fundamental movement/ invasion games/ striking and fielding games</b></p>	
Year 2	<p><b>Mastering Basic Movements:</b></p> <p>Develop agility, balance and co-ordination skills further and apply these in a range of activities.</p> <p>Participate in team games, developing simple tactics for attacking and defending.</p> <p>Perform dances using repeated movement patterns.</p> <p>Perform dances using simple choreography.</p> <p><b>Content: Fundamental movement/ gymnastics/ dance/ invasion games</b></p>				<p><b>Mastering Basic Movements:</b></p> <p>Develop agility, balance and co-ordination skills further and apply these in a range of activities.</p> <p>Participate in team games, developing simple tactics for attacking and defending.</p> <p><b>Content: Athletics/ striking and fielding games/ invasion games</b></p>	

<p>Year 3</p>	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate</p> <p><b>Content: Fundamental movement/ invasion games</b></p>	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate</p> <p>Perform dances using a range of movement patterns</p> <p><b>Content: Fundamental movement/ invasion games/ striking and fielding games/ Dance</b></p>	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate</p> <p>Develop flexibility, strength, technique, control and balance</p> <p><b>Content: Fundamental movement/ striking and fielding games/ Gymnastics</b></p>	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation</p> <p>Comparing performances to previous ones</p> <p>Taking part in outdoor and adventurous activities</p> <p><b>Content: Fundamental movement/ athletics/ OAA</b></p>
<p><b>All pupils in Yr 3 will have swimming lessons for 10 x 1 hour.</b></p>				
<p>Year 4</p>	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate</p> <p><b>Content: Fundamental movement/ invasion games</b></p>	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate</p> <p>Perform dances using a range of movement patterns</p> <p><b>Content: Fundamental movement/ invasion games/</b></p>	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate</p> <p>Develop flexibility, strength, technique, control and balance</p> <p><b>Content: Fundamental movement/ striking and fielding games/ gymnastics</b></p>	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation</p> <p>Comparing performances to previous ones</p> <p>Taking part in outdoor and adventurous activities</p> <p><b>Content: Fundamental movement/ athletics/ OAA</b></p>

		<b>striking and fielding games/ dance</b>		
Year 5	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate</p> <p><b>Content: Fundamental movement/ invasion games</b></p>	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate</p> <p>Perform dances using a range of movement patterns</p> <p><b>Content: Fundamental movement/ invasion games/ striking and fielding games/ dance</b></p>	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate</p> <p>Develop flexibility, strength, technique, control and balance</p> <p><b>Content: Fundamental movement/ striking and fielding games/ gymnastics</b></p>	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation</p> <p>Comparing performances to previous ones</p> <p>Taking part in outdoor and adventurous activities</p> <p><b>Content: Fundamental movement/ athletics/ OAA</b></p>
Year 6	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate</p>	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate</p> <p>Perform dances using a range of movement patterns</p>	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate</p> <p>Develop flexibility, strength, technique, control and balance</p>	<p><b>Applying and Developing Skills:</b></p> <p>Use running, jumping, throwing and catching in isolation</p> <p>Comparing performances to previous ones</p> <p>Taking part in outdoor and adventurous activities</p>

	<b>Content: Fundamental movement/ invasion games</b>	<b>Content: Fundamental movement/ invasion games/ striking and fielding games/ dance</b>	<b>Content: Fundamental movement/ striking and fielding games/ gymnastics</b>	<b>Content: Fundamental movement/ athletics/ OAA</b>
--	--	--	---	--